

## **Programme – Foundation Creative Studies Pathway – Creative Dressmaking**

This is a 120-hour programme that establishes and develops design and skills in a craft area. It is for anyone who wishes to study their craft area in depth, which could be for personal interest or for professional development. The participant may have attended a number of workshops, or done an introductory programme; and is now ready to progress, integrating design alongside good craft skills to develop as a maker. The participant will be guided to make two items based on their design and samples folios. One will have an aesthetic bias and the other a functional. The programme will be delivered through home study and / or classroom delivery, where gained knowledge is applied in practice.

**How is the Programme organised?** This is a 1-year programme leading to an ArtyBird Foundation qualification in Creative Studies – Creative Dressmaking accredited by City & Guilds.

### **Pathway Information**

#### Term 1

**Skills for Garment Making and Design** - You will learn how to use a sewing machine as you develop your skills in a variety of techniques and processes used for making clothes such as seam types and hems, fastenings including zips and buttonholes, shaping using darts and gathers, pockets and facings. You will learn about choosing and using appropriate fabrics for use in different situations. And you will acquire design skills through a series of exercises, including the creation of mood boards that explore the elements of design such as colour, line, shape and texture that you will utilise in selecting and adapting the garments you make.

#### Terms 2 & 3

**Garment Making** - There are 2 making projects during these terms which will enable you to put the skills you have learnt into practice as you pick 2 simple commercial sewing patterns such as a skirt, top or dress to make - you can choose to make the clothes for adults or children.

You will be fully supported in selecting patterns and fabrics for your projects. You will learn how to use patterns and adapt them for a personal fit and you will be shown how to apply design principles as you customise and embellish the clothing that you make. There will be opportunities to personalise these products for example using printing &/or dyeing and machine &/or hand embroidery.

The emphasis of this Foundation Programme is to build on your existing skills and preferences to create unique and individual garments that you can be proud of.

### **Programme Delivery**

You attend at Carnforth, Lancashire

You will start in September and meet 2 Mondays a month, for eleven months.

You will need your own sewing machine.